

MUSIC PROGRAM UPDATE – Congratulations to the grade 10 to 12 Senior Concert Band students on their wonderful performance at the Vancouver Island Concert Band Festival yesterday in Port Alberni! The band worked as a team, performed very well, and earned a rating of Excellent+ in their category. Way to go Senior Concert Band students! The tradition of musical excellence at Ballenas Secondary School is still going strong! :)

Leadership is CANCELLED today at lunch. Use this time to update volunteer logs and ensure that you have done any required planning before a BUSY week next week.

ATTENTION ALL GRADE 12S – The Capstone Presentation date is the morning of April 19th. If you have any questions or concerns please speak with Mr. Langenmaier ASAP.

BASKETBALL – skills and scrimmage action Thursday's boys/girls and Friday's girls. The times are 3:15 - 5:00 pm. Any questions see Mr. Spray.

GRADE 8-12 BOYS – drop-in volleyball training and scrimmage in the gym on Monday from 3:15pm-4:45pm. Come have some fun!

FRIDAY - CLASSISM

This week is the week of visibility! A week dedicated to recognizing those who are often not. Today we acknowledge that we all come from different home situations and financial backgrounds. As a school community, we must support and uplift one another, especially during times of hardship. Each person's circumstances are unique, and it's vital that we approach these situations with sensitivity and kindness. Lets work towards a more inclusive and educated Ballenas.

WILL YOU BE IN GRADE 11 OR 12 NEXT YEAR? Want to give back to your community and gain volunteer hours? We are looking for 4-5 students who want to participate in a mentorship program between Ballenas and Springwood Elementary students. Come see Nikki in the HUB for more information.

SPRING FLING – Is school getting boring in the middle of this semester? Looking for a breath of fresh air and a night you won't forget? Get ready for Spring Fling coming next week to Ballenas on Thursday April 18th from 6-10 for grades 10-12! Tickets will be on sale all next week in the foyer so start getting excited!

SPRING SPIRIT DAYS – Ready to get excited for spring fling? Each day NEXT week will be a SPIRIT day, dress up, take photos, and tag @ballenas_leadership on insta! Show some school spirit and get into it!

Monday: monochrome day - wear all one colour!

Tuesday: twin day - come dressed matching your bestie!

Wednesday: Adam Sandler Day - baggy + oversized EVERYTHING

Thursday: sunny vs snowy - wear beach gear or snow gear - nothing in between

Friday: PJ DAY - Wear your coziest PJ's and loungewear!

HOT LUNCH WEEKLY MENU (only \$2.00 per lunch)

FRIDAY – Pizza by the Slice

Hay cep qa (thank you)